



ACTIVITY REPORT 2017

**SSM HAS
FACILITATED
1243 FREE
CATARACT SURGERIES
AT THE COST OF
₹ 24.86 LACS**

Registered Office:
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(a registered Charitable Trust-Registration No.
CIT/CHN/12A/Tech-91/2005-06)

OUTREACH SUMMARY 2017

Month	No. of camps held	No. of Patients screened	No. of Free Surgeries done.
January	09	1064	90
February	09	753	96
March	08	439	137
April	10	711	85
May	06	414	124
June	08	554	133
July	07	445	118
August	09	634	99
September	07	447	74
October	07	619	91
November	08	637	100
December	09	702	96
TOTAL	97	7419	1243



SSM Eye Research Foundation, registered as a Public Charitable Trust, is a non-profit organization. The foundation thrives on donations from people who care. Donations are eligible for exemption under Section 80G of the Income Tax Act. Donations received in the trust are utilized for treating the underprivileged and for conducting the outreach programs. We remain indebted to our patients, bystanders and well-wishers whose donations to the SSM Trust immensely helped the trust to effectively conduct the community outreach programs.

The trust was constituted with the objective of serving the less privileged members of our society, through...

- Cataract surgery with intra-ocular lens implantation for people below poverty line.
- Outreach programmes in rural areas to create awareness about common eye diseases leading to blindness-Cataract, Diabetic Retinopathy and Glaucoma.
- School screening programme for testing vision in primary school children.
- Diabetic Retinopathy awareness and screening camps.
- Support charitable eye clinics.
- Establishment of a centre for rehabilitation of the visually handicapped.
- Providing fully-equipped mobile eye unit for villages and remote areas for comprehensive eye examinations.

Towards this end, its founders launched several outreach and in-house programmes in association with various NGOs under SSM Eye Research Foundation through Giridhar Eye Institute, all of them free of cost.

DETAILS OF MAJOR CAMPS HELD IN 2017

Diabetic Retinopathy is increasingly afflicting patients across all strata of society. In order to address this growing concern, we have conducted over 23 screening programs in 2017 covering almost 1000 patients. Under the aegis of Vitreo Retinal Society of India, most of these screening programs were carried out in association with Idea Cellular Services. We also conducted several Diabetic Retinopathy awareness sessions where we distributed education material.

148 DIABETIC
PATIENTS SCREENED
IN CHAITHANYA
NURSING HOME
NORTH PARUR



Monthly Diabetic Retinopathy screening at Chaithanya Nursing Home, North Parur



World Diabetic Day Screening Program arranged for the Idea Cellular Network staff.



Eye Screening organized for the Indian Oil Corporation Staff



"I Want to See" - eye check-up organized for the school children



"Reach-Who-Teach" – Screening program organized for the school children through their teachers.



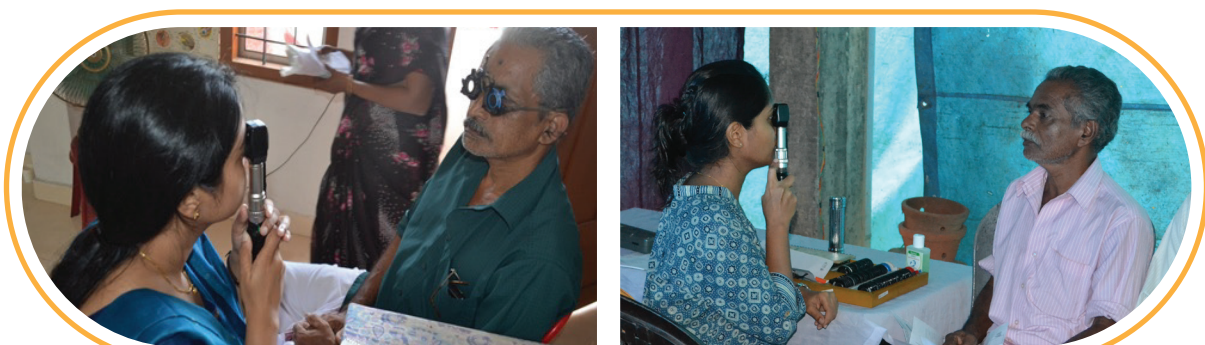
“Reach-Who-Teach” – Screening program organized for the school children through their teachers.



Screening program held for the inmates of Nirbhaya Centre (Kerala Govt. Project)



Eye Donation fortnight campaign organized at St. Teresa's College on the occasion of World Sight Day



Eye Screening Camps held at various locations.



Eye Screening Camps held at various locations.



Eye Screening Program organized for the Truck Drivers at DP World, International Transshipment Container Terminal, Vallarpadam

ADOPTION OF CHELLANAM PANCHAYAT

Giridhar Eye Institute & SSM Eye Research Foundation adopted the Chellanam Grama Panchayat with a population of 40,000 residents, for total ophthalmic care for one year for all patients below the poverty line. A first of its kind project in Kerala, this covered the entire population of Chellanam and provided free ophthalmic treatment to more than 3500 BPL families



48 PATIENTS
IN BPL CATEGORY
UNDERWENT
FREE CATARACT
SURGERIES



World Sight Day Photography competition 2017



Gurudwara Guru Singh Sabha Outreach Programme

In association with the Gurudwara Committee, SSM has facilitated free eye screening for over 1926 patients at the Gurudwara, 1114 of whom were referred for detailed evaluation and 241 patients were provided free cataract surgeries during 2017.



Free Eye screening in association with Abhayam Charitable Trust



57 PATIENTS
UNDERWENT
FREE CATARACT
SURGERIES





The SSM Eye Research Foundation will always be grateful for the rock solid support and encouragement given by the Rotary Club of Cochin. Be it awareness programmes, student engagement, subsidised treatment for the underprivileged and numerous other social outreach programmes, SSM has received the wholehearted consideration of the Rotary. As organisations with similar outlooks and objectives to serve the community, we look forward to a long lasting relationship with the Rotary.

**166 FREE
CATARACT SURGERIES
THROUGH ROTARY
BALBHAVAN
SCREENING**



ROTARY GLOBAL GRANT FOR MOBILE OPHTHALMIC VAN

The Rotary Club of Cochin has generously provided a Global Grant from Rotary International for a Mobile Ophthalmic Van for the exclusive use of the SSM Eye Research Foundation. The mobile unit will coordinate with various NGOs and conduct retinal screening and examination for patients with diabetes. By these screening examinations we aim to create awareness and identify patients with treatable diabetic retinopathy. We will also be able to diagnose early retinopathy and advise regular follow-up. The team will have a database of these patients with early retinopathy and a system will be created by which they will be informed check-up on a yearly basis.

WORKSHOP ON CONTACT LENS

An advanced training program on the science of Contact Lens was organized jointly by Giridhar Eye institute and SSM Eye Research Foundation on 8th January 2017 in Hotel Abad Plaza, Cochin. Lead faculty were: (1) Prof. Monica Chaudhry from Amity University, Gurgaon (2) Mr. Nilesh Thite, Director of Educational programs at the International Association of Contact Lens Educators (3) Mr. Yaswant Saoji, an Educator & Private practitioner.



Swarnam Eyebank
Lighten their eyes, brighten their lives

SWARNAM EYE BANK

A long cherished dream of Giridhar Eye Institute finally blossomed on the 7th of July when "Swarnam Eye Bank", a major initiative of SSM Foundation, was inaugurated by P.T Thomas, MLA on the 7th of July 2017 in the presence of Rev. Fr. Paul Karedan, PRO, Archdiocese of Ernakulam, Angamaly.

Through the eye bank, we hope to:

- Procure, process and distribute corneal tissue of the highest quality for transplantation
- Provide eye tissue for research and training
- Provide support and grief counseling to donor families
- Promote public relation activities





Giridhar Eye Institute
Lighting up Lives



**DON'T JUST LEAVE A WILL
LEAVE A VISION
DONATE YOUR EYES**



Swarnam Eyebank
Lighten their eyes, brighten their lives



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“We are especially grateful for donors like you, who empower us to make a meaningful difference in the lives of people in need and we remain thankful to you for serving humanity through the foundation.”

FREE EYE CLINICS RUN BY SSM EYE RESEARCH FOUNDATION

1. Gurudwara Guru Singh Sabha, Thevara (2nd and 4th Wednesdays).
2. Rotary Bal Bhavan, Panampilly Nagar (1st Friday of the month).
3. Chaithanya Nursing Home, North Parur (2nd Friday of the month).
4. Screening programs held at other locations in association with NGO's.



SSM EYE RESEARCH FOUNDATION

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Giridhar Eye Institute

Lighting up Lives

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